

# When Leadership Blocks Person-Centered Culture: A Hidden Barrier in Human Service Organizations

In human service organizations accredited by the Council on Quality and Leadership (CQL), the **person-centered approach** is not just a best practice — it is a **foundational requirement**. CQL's Basic Assurances demand that dignity, respect, and individual choice guide service delivery at every level.

But there is a growing concern: When organizational culture at the upper levels is driven more by control, compliance, or self-interest than by empathy and inclusion, the person-centered approach cannot fully take root. Even when direct support staff are trained and values are posted, the lived experience may tell another story.

# The Hidden Influence of Leadership Psychology

Research, including studies by psychologist Dr. Kevin Dutton (University of Oxford), suggests that traits associated with psychopathy — such as lack of empathy, emotional detachment, and manipulativeness — are more commonly found in high-ranking leadership roles than in the general population. In fast-paced or high-stakes environments, these traits may be misinterpreted as confidence, decisiveness, or strategic thinking.

In the human services field, however, these traits can **directly contradict** the values required for person-centered supports.

"If you want to find psychopaths, the last place you should look is in a prison. You should look in the corporate boardroom."

— Dr. Kevin Dutton, *The Wisdom of Psychopaths: What Saints, Spies, and Serial Killers Can Teach Us About Success* (Scientific American / Farrar, Straus and Giroux, 2012)

### **How This Undermines Person-Centered Practices**

When individuals in senior roles — including vice presidents, directors, assistant directors, and other top-level managers — operate from a command-and-control mindset, the following patterns often emerge:

- Authenticity is replaced by performative compliance. Values are quoted but not lived.
- **Direct support workers face ethical tensions**, expected to uphold personcentered principles under leadership that may not consistently model them.
- Cultural dissonance spreads downward, weakening the clarity and strength of person-centered expectations.

This disconnect signals that **person-centeredness is optional**, or worse, only relevant at the frontline level.

## What's Needed: A Cultural Reset from the Top

To realize a truly person-centered system, senior leadership must actively embody the same values expected of frontline workers:

- Empathy over image
- Collaboration over control
- Transparency over manipulation

This requires **intentional leadership development**, including self-awareness, values-based training, and clear feedback structures that hold all levels of leadership accountable.

### What Standards Can Do

At AMSI, we believe voluntary consensus standards can help bridge this gap. By clearly defining what leadership accountability looks like in person-centered systems — including behavioral expectations, training components, and structural supports — we can protect the integrity of the values we all claim to uphold.

Person-centeredness is not just a service model. It's a culture. And like all cultures, it must start with leadership — at every level.