



AMSI DXG1 – Reference Guide to Diagnoses in IDD and Mental Health

First Draft Edition – 2025

Summary:

A practical reference for professionals supporting individuals with intellectual and developmental disabilities (IDD) and/or mental health disorders. Includes definitions from DSM-5-TR, ICD-11, IDEA, and AAIDD; crosswalks between systems; inclusive language guidelines; and eligibility references to reduce mislabeling and improve person-centered planning.

Highlights:

- **IDD Diagnoses:** Intellectual Disability, Autism, Down Syndrome, Cerebral Palsy, FASD, Fragile X, Rett, Prader-Willi, Williams, Angelman, GDD, speech/language disorders, learning disorders, ADHD.
- **Mental Health Disorders:** Mood, anxiety, OCD, trauma-related, psychotic, personality disorders; co-occurring ADHD, substance use, sleep-wake disorders.
- **Dual Diagnosis:** Challenges of IDD + mental health; need for cross-training, screening, and integrated planning.
- **Reference Tools:** Glossaries, DSM-5/ICD-11 crosswalks, inclusive language guides, and eligibility frameworks (ADA, IDEA, Medicaid, SSI/SSDI, OPWDD, ACCES-VR).

Key Message:

Clear, respectful understanding of diagnoses supports better outcomes and inclusion. This guide connects clinical definitions to everyday support practice.

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