

Hidden Barriers to Person-Centered Support in SEMP: Mental Health Diagnoses, Role Definitions, and Systemic Gaps in Vocational Rehabilitation

Summary:

This article examines how DSM-5 diagnostic interpretations can create hidden barriers in Supported Employment (SEMP).

It also looks at the misalignment between actual duties and SOC 21-1015 Rehabilitation Counselors.

Stigma, structural gaps, and undervaluation of VR job coach roles can further weaken autonomy, limit choice, and lower staff morale.

Purpose:

To identify and address systemic and diagnostic barriers that interfere with personcentered planning in SEMP settings, ensuring that individuals with IDD and the staff who support them are valued, respected, and effectively engaged.

Highlights:

- DSM-5 diagnoses are often misinterpreted, leading to stigma.
- Protective or trauma-related behaviors may be mislabeled as defiance.
- Supervisors may prioritize compliance over collaboration.
- VR job coach roles are undervalued despite alignment with SOC 21-1015 duties.

Key Recommendations:

- Provide trauma-informed training on DSM-5 interpretation.
- Align job roles with SOC 21-1015.
- Focus on individual strengths and voice in planning.
- Support VR job coaches with role-specific training and advocacy.
- Promote two-way inclusion for staff and individuals.

Toward Standardization:

This article supports the creation of a future AMSI standard with SOC-aligned guidance to address systemic and diagnostic barriers in SEMP.

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